PERMISSION AGREEMENT, RELEASE AND WAIVER OF LIABILITY

Camp LuWiSoMo's Winter Skiing, Snowboarding, Sledding/Tubing, Ice skating, and Other Winter Recreation Activities

You have asked to participate in Camp LuWiSoMo's skiing, snowboarding, sledding/tubing, ice skating, or other winter activities. All winter recreation activities involve high risks, and it is important for you to have information about your selected activity. This Permission Agreement and Waiver of Liability must be read carefully and signed by each participant and the parent or legal guardian if the participant is under age 18.

PLEASE READ THIS AGREEMENT CAREFULLY, IT IS A LEGAL CONTRACT AND AFFECTS ANY RIGHTS YOU MAY HAVE IF YOU ARE INJURED OR OTHERWISE SUFFER DAMAGES WHILE PARTICIPATING IN A CAMP LUWISOMO SKIING, SNOWBOARDING, SLEDDING/TUBING, ICE SKATING, OR OTHER WINTER RECREATION ACTIVITY.

While participating in the activities mentioned above at Camp LuWiSoMo, I understand and agree to the following:

Nature of Winter Recreation Activities: Winter recreation activities are strenuous and require educational information about the necessary skills involved before the activity can occur in the safest manner possible. Skiing, snowboarding, sledding/tubing, ice skating, and other winter recreation activities can be dangerous. Fundamental knowledge of the activity and knowing your limitations when participating in winter activities are essential to preventing injury.

Inherent Risks and Dangers of Winter Recreation Activities: I understand that there are inherent risks and dangers involved when participating in winter recreation activities. In addition to the risks inherent when participating in any physical activity, winter recreation activities may include, but are not limited to, hazards such as human error, collision with hazards on the tubing hills or while ice skating, physical effects of weather conditions (hypothermia, frostbite, sunburn, etc.), slippery or wet surfaces, and dehydration. Injuries may include, but are not limited to; fractured bones, muscle strains, or head injuries. Most often these occur from falls, collisions, fatigue, poor technique, loss of control, or equipment failure. I understand that these risks and dangers could result in property damage and personal injury, including death, and I agree to accept all risks associated with the recreation activities whether present or future, known or unknown, arising from, or as a result of my voluntary participation in the winter recreation activities.

<u>Health Condition and Safety of the Participants:</u> Participants must be healthy and reasonably fit to safely participate in winter recreation activities. Participants in skiing, snowboarding, sledding/tubing, ice skating, and other winter recreation activities are responsible for their own physical conditioning prior to the activity. By signing this Permission Agreement, you agree that the participant has the physical fitness and ability to participate safely in the winter recreation activity and that you are not aware of any disease or injury that would be aggravated or result in the participant being incapacitated or injured during participation. The participant must participate in the winter recreation activity within his or her appropriate ability and skill level.

Additional, the participant should:

- Obtain and use proper equipment. When renting equipment, allow camp staff to ensure participants are getting the appropriate equipment, as well as having the equipment adjusted for purposes of safety and proper performance.
- Drink plenty of water to avoid becoming dehydrated.
- Observe the weather conditions. There is additional risk with extremely low temperatures. Dress in layers and dress appropriately for weather conditions. Layering allows you to accommodate your body's constantly changing temperature.
- Consider wearing the recommended eye protection such as sunglasses or goggles (due to sun reflecting off the snow even on cloudy days). Depending on the activity, other safety equipment is encouraged to prevent injury (e.g. helmet, elbow or knee pads, wrist guards, hip pads, etc.).
- Learn to ski and snowboard smoothly and in control; learn how to fall to prevent injury and to stop before becoming fatigued.

The participant will read and follow all rules and regulations specified by Camp LuWiSoMo staff for safely participating in Skiing, Snowboarding, Sledding/Tubing, Ice skating, and other Winter Recreation Activities. If the participant violates any of the rules and regulations, his or her participation in these activities may be terminated.

Camp LuWiSoMo does not employ medical staff and will not be held accountable to provide any medical support to injured participants.

PERMISSION AGREEMENT, RELEASE AND WAIVER OF LIABILITY

Camp LuWiSoMo's Winter Skiing, Snowboarding, Sledding/Tubing, Ice skating, and Other Winter Recreation Activities

Release and Waiver of Liability

This Camp LuWiSoMo Skiing, Snowboarding, Sledding/T and Release and Waiver of Liability shall be governed by a the forum for any lawsuits arising from or incident of this	and construed under the laws of the state of Wi	_
I, (participant of FROM LIABILITY, WAIVE, DISCHARGE AND CONVEN and employees of Camp LuWiSoMo for any liability, claim, a including death, that occurs as a result of my voluntary participant of the control of	NANT NOT TO SUE Camp LuWiSoMo and any o and/or cause of action arising out of or related to an	fficers, servants, agents,
I agree to INDEMNIFY and HOLD HARMLESS the RELEA RELEASEES, or the negligence of any third party. I further a family and spouse, if I am alive, and my heirs, assigns and per RELEASE, WAIVER, DISCHARGE AND COVENANT NO Release and Waiver of Liability shall be construed in accordance.	agree that this Release and Waiver of Liability shall representatives, if I am deceased, and shall but TO SUE the above-named RELEASEES. I her	l bind the members of my be deemed as a
BY SIGNING THIS RELEASE AND WAIVER OF LIAB CONDITIONS SET FORTH IN THIS RELEASE AND TO THAT I SIGN VOLUNTARILY.		
NOTE: This Agreement and Release and Waiver of Liabilegal guardian if a participant is not EIGHTEEN (18) YEA in these winter recreation activities, and I hereby elect to a	ARS OLD. I also understand all the risks involved	• • •
Participant Names (print)	Participant Signature	Age
1.		
2		
3		
4		
5		